



SUB-REGIONS

Mountains

- SMOKY MOUNTAINS**
Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain, Transylvania
- ASHEVILLE & FOOTHILLS**
Alexander, Buncombe, Burke, Caldwell, Henderson, Madison, McDowell, Polk, Rutherford
- HIGH COUNTRY**
Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, Yancey

Piedmont

- CHARLOTTE**
Anson, Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union
- SANDHILLS & PINEHURST**
Cumberland, Hoke, Moore, Richmond, Robeson, Scotland
- TRIAD**
Alamance, Caswell, Davidson, Davie, Forsyth, Guilford, Montgomery, Randolph, Rockingham, Stokes, Surry, Yadkin
- TRIANGLE**
Chatham, Durham, Edgecombe, Franklin, Harnett, Johnston, Lee, Nash, Orange, Person, Vance, Wake, Warren, Wilson

Coast

- ALBEMARLE & PAMLICO**
Beaufort, Bertie, Camden, Chowan, Craven, Gates, Hertford, Pamlico, Pasquotank, Perquimans, Tyrell, Washington
- INNER COASTAL PLAIN**
Bladen, Columbus, Duplin, Greene, Halifax, Jones, Lenoir, Martin, Northampton, Pitt, Sampson, Wayne
- OUTER BANKS**
Currituck, Dare, Hyde
- BRUNSWICK ISLANDS**
Brunswick
- CRYSTAL COAST**
Carteret
- TOPSAIL**
Onslow, Pender
- WILMINGTON**
New Hanover

